

# 25th ANNUAL BRRRC CROSS COUNTRY SERIES

EXPERIENCE RUNNING IN ITS ORIGINAL FORM IN THESE FOUR BRRRC

## RACE SERIES EVENTS



**Where:** Audubon Park -- Sunday Sept 18  
Seven Mile - Sunday Sept 25 (just before Wilbur trail head on N. Aubrey White Parkway, just past 7 mile bridge...Follow the signs!)  
Mead - SATURDAY October 22 (note that this is a Saturday!!)  
Qualchan Sunday November 6--Manito Blvd. & High Drive)

**TIME:** EVERYONE: @ Mead will run at 9:00 am  
EVERYONE: 10:00 a.m. at Finch, Seven Mile and Qualchan  
Kids: Finch and Seven Mile about 10:45/ about 9:45 @ Mead

**DISTANCE:** Finch, Mead and Seven Mile - 3.1 miles  
Qualchan: Measured Distance: 7.46 miles

**AWARDS:** Ribbons for top 20 men and women at Finch Mead and 7mile.  
Awards for Qualchan . Awards Includes MEN AND WOMEN open (39 and under) MASTERS (40-54) AND SENIORS (55 AND OVER) 8 DEEP. Top 3 receive a plaque and 4th-8th receive a medallion.  
Kids races immediately follow adults race. Parents determine the distance they want their children to run.. Everyone gets a participation ribbon.  
FEE: \$4.00 per race or \$15.00 for all four for BRRRC members (postmarked by Sept. 15) \$5.00 per race for nonmembers. Make checks payable to BRRRC  
Mail registration and checks to: BRRRC 10514 N Edna Ln, Spokane Wa 99218

Mail entry to: BRRRC Cross Country Series 10514 N Edna Ln Spokane WA 99218

### Entry Form for the 2016 Cross Country Series

Name \_\_\_\_\_ Gender \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_  
Address \_\_\_\_\_ City/state \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: \_\_\_\_\_ T shirt size (FOR QUALCHAN ONLY) S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_  
Please check the dates you plan to participate and enclose the appropriate fee:

\_\_\_\_\_ (Audubon) \_\_\_\_\_ (7 mile) \_\_\_\_\_ (Mead) \_\_\_\_\_ (Qualchan)

WAIVER: In consideration of acceptance of this entry and intending to be legally bound, I hereby for myself, heirs, executors and administrators waive, release and discharge any and all rights and claims to damages which I may have or which may hereafter accrue to me against the Bloomsday Road Runners Club, other sponsors of these runs, or respective officer, agents, representatives, successors and/or assigns, for myself in connection with my entry and/or travel to, participating in, and returning from the cross country races at Audubon Park on September 18, Seven Mile on Sept 25, Mead on Oct. 22 and Qualchan on November 6. Realizing the dangers of using headphones while running, I agree I will not wear them. Also, I agree that I will not run with a dog. I have read the above statement. I understand it, and my signature confirms its acceptance.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

IF UNDER 18, PARENT'S SIGNATURE \_\_\_\_\_

Enclosed is an additional \$ \_\_\_\_\_ for the scholarship fund